

October 11 – 13, 2021

25th International Shoulder Course Munich

Scientific Coordinators

Univ.-Prof. Dr. med. Andreas B. Imhoff

Priv.-Doz. Dr. med. Bastian Scheiderer

Department of Orthopaedic Sports Medicine,
Technical University of Munich,
Munich, Germany

Organizer and Registration

Intercongress GmbH

Patronage



PROGRAM

www.schulterkurs-muenchen.de



National and international Faculty
Live surgical Demonstration
Wet-Lab Workshop

Invitation

26 years since we started the Shoulder Course in Munich

Dear colleagues and friends,

due to the COVID pandemic the course in 2020 was cancelled. Thus, we will celebrate the 25th anniversary of our International Shoulder Course in Munich this year.

When our Department of Orthopaedic Sports Medicine at the Technical University of Munich was founded in 1996, with 2 consultants and 5 residents, we were not able to foresee the future success, with currently 6 consultants and 15 residents working in the department. We had a lot of famous surgeons in our course faculties, who became good friends over the years. We wish to express our sincere appreciation to our friends for their loyal support.

The program will be different compared to the previous courses. We will include live surgical demonstrations, short paper presentations, debates and panel discussions. We are fortunate to have a distinguished faculty that represents the global leaders in Arthroscopy and Shoulder Surgery. Every faculty member will have the possibility to show his favorite surgical technique for instability and/or rotator cuff tears on cadaveric specimens. The surgeries will be transmitted from the Arthrex Lab.

The third day will take place at the Arthrex Lab in Freiham, where the participants can exercise and train difficult arthroscopic procedures under guidance.

This symposium will provide a unique opportunity for the exchange of knowledge and dissemination of research throughout the international community.



Andreas B. Imhoff, MD
Professor



Bastian Scheiderer, MD
Assoc. Professor

Department of Orthopaedic Sports Medicine
Techechnical University of Munich



medi

medi Shoulder action

Die optimale Anschlussversorgung
an eine initiale Ruhigstellung

Program

08:00 Registration

08:15 Welcome

Imhoff

Presentations – Shoulder Instability I

Vorsitzende: Demirhan/Imhoff

08:25 How I evaluate a patient with shoulder instability Rose

08:40 Anterior Shoulder Instability – when do I need bone grafting? Scheibel

08:55 First-time anterior dislocation – how to approach? Ticker

Live Surgery (Cadaver)

09:10–10:45 Labral augmentation with acellular dermal matrix Milano

Arthroscopic Bone Block Cerclage Scheibel

10:45–11:15 Coffee Break and Exhibition

Presentations – Shoulder Instability II

Vorsitzende: Pogorzelski/Imhoff

11:15 Posterior shoulder instability – structural, functional, how to manage? Demirhan

11:30 Multidirectional instability – my treatment strategy Milano

Live Surgery (Cadaver)

11:45–12:30 Open Latarjet procedure Scheiderer

12:30–13:30 Lunch Break and Exhibition

Program

Presentations – Biceps disorders

Vorsitzende: Siebenlist/Imhoff

13:30 Biceps pathologies – what do we do with the tendon? Martetschläger

13:45 SLAP lesion in young athletes- always preserve? Romeo

Live Surgery (Cadaver)

14:00–14:45 Arthroscopic SLAP-Repair Braun

Open subpectoral biceps tenodesis Braun

14:45–15:15 Coffee Break and Exhibition

Presentations – AC-joint and SC-joint Instability

Vorsitzende: Martetschläger/Imhoff

15:15 AC-joint instability – what have we learned from biomechanics? Pogorzelski

15:30 Acute and chronic AC-joint instability – who gets what and how do I do it Mazzocca

15:45 SC-joint instability – my treatment strategy Siebenlist

Live Surgery (Cadaver)

16:00–16:45 AC Joint Stabilisation (acute) Braun

16:45 End of the First Day

Program

Presentations – Rotator Cuff Reconstruction I

Vorsitzende: Braun/Imhoff

- 08:15** Arthroscopic rotator cuff repair – which technique should we use in 2021? Milano
- 08:30** Transosseous-equivalent Rotator cuff repair: 10 years follow-up Demirhan
- 08:45** The subscapularis tear – what is important for me? Ticker
- 09:00** Biologic considerations – present and future Mazzocca

Live Surgery (Cadaver)

- 09:15–10:30** **Arthroscopic Subscapularis Tendon Repair** Siebenlist
- Arthroscopic Supraspinatus Tendon Repair** Siebenlist

10:30–11:00 Coffee Break and Exhibition

Presentations – Rotator Cuff Reconstruction II

Vorsitzende: Scheiderer/Imhoff

- 11:00** Irreparable rotator cuff tears – Partial repair Flury
- 11:15** Irreparable rotator cuff tears – Tendon transfers Gerber
- 11:30** Irreparable rotator cuff tears – Superior capsular reconstruction Scheiderer

Live Surgery (Cadaver)

- 11:45–12:30** **Patch Reinforcement of the rotator cuff** Flury

12:30–14:00 Lunch Break and Exhibition

Program

Presentations – Osteoarthritis

Vorsitzende: Gerber/Imhoff

- 14:00** Joint-preserving treatment for young patients – CAM procedure Braun
- 14:15** Prosthetic design and placement in anatomic shoulder arthroplasty – what is important for me? Habermeyer
- 14:30** Prosthetic design and placement in reverse shoulder arthroplasty – what is important for me? Seebauer
- 14:45** Glenoid bone loss in shoulder arthroplasty – how do I manage the defect? Seybold

Live Surgery (Cadaver)

- 15:00–16:00** **Reverse shoulder arthroplasty** Romeo

16:00 End of the Second Day



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wieder in
Bewegung!

Kontinuierliche passive
Bewegungsbehandlung
mit CPM-Motorschienen
für Knie-, Schulter-, Elle-,
Hand-, Finger- und Sprunggelenk



Wet-Lab Workshop – ArthroLab™ München

08:00	Welcome
	Subacromial Decompression / AC Joint
08:15–08:30	Demonstration
08:30–10:00	Hands on
10:00–10:30	Coffee Break
	Shoulder Instability
10:30–10:45	Demonstration
10:45–12:30	Hands on
12:30–13:15	Lunch Break
	Rotator Cuff Reconstruction
13:15–13:30	Demonstration
13:30–15:00	Hands on
15:00–15:30	Coffee Break
	Arthroplasty
15:30–15:45	Demonstration
15:45–16:45	Hands on
16:45	Farewell



Partner und Ausstellende

Partner

Arthrex GmbH; 81249 München – 23.000 €

Ausstellende

2med GmbH; 22453 Hamburg – 1.200 €

Acumed LLC; 97124 Hillsboro, USA – 1.200 €

DIZG – Deutsches Institut für Zell- und Gewebeersatz gGmbH; 12555 Berlin – 1.200 €

HM Medizintechnik GmbH & Co. KG; 97616 Bad Neustadt – 2.700 €

Königsee Implantate GmbH; 07426 Allendorf – 1.200 €

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medi GmbH & Co. KG; 95448 Bayreuth – 2.700 €

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S. Merzendorfer GmbH & Co. KG; 80538 München – 2.700 €

Anmeldung / Gebühren / Punkte

Veranstalter

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Die Anmeldung erfolgt online unter: www.intercongress.de



Kurs exkl. Wet-Lab Workshop

für Ärzte

für AGA- und DVSE-Mitglieder

Physiotherapeuten

Mo/Di

350,- Euro

320,- Euro

100,- Euro

Kurs inkl. Wet-Lab Workshop

für Ärzte

für AGA und DVSE Mitglieder

Mo/Di/Mi

780,- Euro

750,- Euro

Für Studierende der TU München und AGA Studenten mit verbindlicher Anmeldung sind die Vortragsveranstaltungen im Hörsaal A sowie die Industrieausstellungen vom 11.10. bis 12.10.2021 kostenfrei.

Fortbildungspunkte der Bayerischen Landesärztekammer wurden beantragt.



Anrechenbare Stunden für das AGA Kurscurriculum:

Modul 8: Schulter – Aufbaukurs Subacromialraum

Theorie 6,75 h/Workshop 3,5 h

Modul 9: Schulter – Aufbaukurs Glenohumeralgelenk

Theorie 4,5 h/Workshop 3,25 h

Fortbildungsstunden für das Curriculum Schulter- und Ellenbogenchirurgie:



Theorie:

Modul 2: Subakromialraum

7,5 h

Modul 3: Glenohumeralgelenk

3,25 h

Modul 4: Omarthrose

1,75 h

Praxis:

Modul 1: Offene und arthroskopische Schulterchirurgie

4,5 h

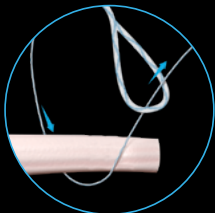
Modul 2: Endoprothetik Schulter

1 h

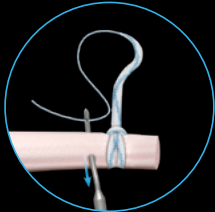
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Concomitant biceps tendon pathology is often present in patients undergoing rotator cuff repair.¹ Biceps tenodesis lowers the risk of deformity, pain, and cramping.^{2,3}



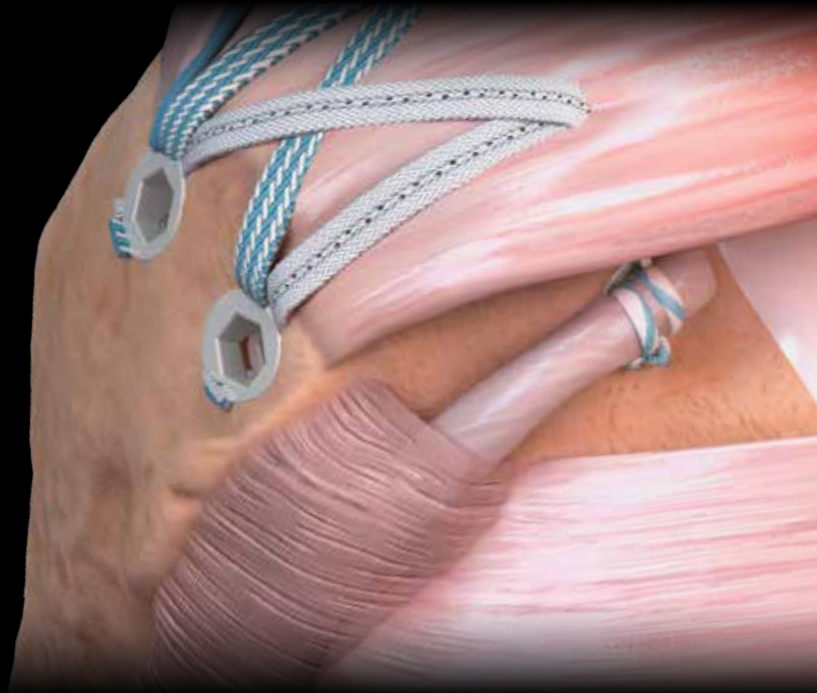
Cinch...



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Tenodesis.



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Reference

1. Desai SS, Mata HK. Long Head of Biceps Tendon Pathology and Results of Tenotomy in Full-Thickness Reparable Rotator Cuff Tear. *Arthroscopy*. 2017 Nov;33(11):1971-1976. doi: 10.1016/j.arthro.2017.06.018. Epub 2017 Aug 26. PMID: 28847573.
2. Mirzayan R, McCrum C, Butler RK, Alluri RK. Risk Factors and Complications Following Arthroscopic Tenotomy of the Long Head of the Biceps Tendon. *Orthop J Sports Med*. 2020 Feb 28;8(2):2325967120904361. doi: 10.1177/2325967120904361. PMID: 32166093; PMCID: PMC7052466.
3. Aflatooni JO, Meeks BD, Froehle AW, Bonner KF. Biceps tenotomy versus tenodesis: patient-reported outcomes and satisfaction. *J Orthop Surg Res*. 2020 Feb 18;15(1):56. doi: 10.1186/s13018-020-1581-3. PMID: 32070381; PMCID: PMC7029563.

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